

How to Use Your Inhaler and Spacer With Mask



- 1. Have your child stand up.
- 2. Take off the cap and make sure the opening is clean. Shake inhaler for FIVE seconds.



5. Push the inhaler **once** so that the medicine sprays into the spacer tube.



3. Put the inhaler into the spacer.



6. Let your child take **SEVEN** slow, deep breaths while the mask stays on his or her face.



4. Cover your child's mouth and nose **completely** with the mask.

Take your time

The more slowly and deeply your child breathes in, the more medicine he or she will get.

Need two puffs?

Wait 60 seconds and repeat all steps.

- **IF** your inhaler is new
- **IF** you have not used your inhaler in two weeks
- **IF** you drop your inhaler



THEN: You need to "prime" your inhaler. Spray **four puffs** into the air before you use your inhaler.

Remember:

- ALWAYS use your inhaler with a spacer
- Keep track of your doses if there is no counter on your inhaler