

Participating Plans

As of 3/21/2024

TidalHealth Nanticoke and TidalHealth Primary & Specialty Care have contracts with the following carriers.

- Please note that if you have an insurance plan that is not listed on this document, this does not necessarily indicate that the plan in question cannot be accepted.

TidalHealth Nanticoke and TidalHealth Primary & Specialty Care also participate with Medicare and State Medical Assistance (Maryland Medicaid, Delaware Medicaid and Virginia Medicaid).

Before scheduling any services, please contact member services with your insurance to verify eligibility of benefits, patient responsibility as well as specific location requirements for services provided.

This list is updated and subject to change. For questions regarding your insurance, please call Managed Care at TidalHealth Peninsula Regional at 410-543-7189.

[Aetna](#)

- Aetna Affordable Health Choices (Indemnity)
- Aetna Affordable Choices (PPO)
- Aetna Choice POS
- Aetna Choice POS II
- Aetna Golden Choice
- Aetna Golden Choice Care Advantage
- Aetna Golden Medicare Open Access (HMO)
- Aetna Golden Medicare Plan
- Aetna Medicare ESA
- Aetna Health Network Only
- Aetna Health Network Option
- Aetna Open Access Elect Choice
- Aetna Open Access HMO
- Aetna Open Access Managed Choice
- Aetna Select
- Aetna Signature
- Elect Choice (EPO)
- First Health
- HMO
- Managed Choice POS
- Meritain Health (Self-funded)
- Open Access Aetna Select
- Open Choice PPO
- Quality Point-of-Service (QPOS)
- Traditional Choice
- US Access

[Alterwood Medicare Advantage Maryland MA Plan](#)

[Amerigroup](#) (only under contract with TidalHealth Physician Network)

[AmeriHealth Caritas DE](#)

[CareFirst BlueCross BlueShield](#)

- BlueChoice
- Healthy Blue – BlueChoice product (HMO)
- Blue Preferred (PPO)
- Exclusive Provider Organization (EPO)
- FEP – Federal Employee Program
- Maryland Health Insurance Plan (MHIP)
- Maryland Point of Service (MPOS)
- National Capital Area Indemnity
- Personal Comp – Individual Coverage
- Preferred Provider Organization – MD Indemnity
- Select Preferred Providers (PPN/PPO)
- Community Health Plan of Maryland (only under contract with TidalHealth Physician Network)

[Centurion](#)

[Cigna](#)

- Cigna Choice Fund
- Cigna Behavioral Health
- HMO
- Indemnity
- Open Access
- Open Access Plus / Open Access Plus In-Network
- POS
- PPO

[CIGNA Healthspring \(BRAVO\) MA DE](#)

[Claims Bridge HPN](#) (only under TidalHealth Nanticoke)

[Compassionate Care Hospice](#)

[Delaware First Health, Inc.](#)

[First Health Network](#)

[Geisinger](#)

[Gift of Life Memorial Donor Institution](#) (only under TidalHealth Nanticoke)

[Heartland Hospice Services](#)

[Highmark BCBS Delaware](#)

- Blue Choice PPO
- Blue Care IPA
- Blue Select POS
- Simply Blue EPO
- Shared Cost Blue EPO
- Blue Advantage Consumer-Directed Health Plans
- Blue Individual plans
- Health Options
- Medicare Advantage

[Humana](#)

- Commercial Plans PPO, POS & EPO
- Medicare Advantage Plans
 - Humana Gold Plus – HMO
 - Humana Choice – PPO
 - Humana Gold Choice – PFFS

[Humana Military/Tricare](#) (only under contract with TidalHealth Physician Network)

[Johns Hopkins Healthcare](#)

- Employee Health Plan (EHP)
- Uniformed Services Family Health Plan (USFHP)

[MultiPlan](#)

[Optum](#) (only under contract with TidalHealth Physician Network)

- Optum Veteran Affairs Community Care Network (VA CCN)

[Seasons Hospice & Palliative Care of Delaware](#)

[Delaware Screening for Life Program](#)

[United Healthcare](#)

- All Savers
- Charter
- Choice
- Choice Plus

- Core
- Consumer Driven Health Plans (Definity)
- GEHA
- Indemnity
- MAMSI Life and Health
- ***MD Individual Exchange Plans Are NOT to be Accepted
- MDIPA
- MDIPA Preferred
- Medicare Advantage
- Navigate
- Optimum Choice
- Optimum Choice Preferred
- Options PPO
- Select
- Select Plus HMO
- UMR
- United Health Premium Edge (reduced specialist co-pay for specialists with 2-star premium designation)

[Vitas](#)